

Subject: : Tips and Tricks

Topic: : Beginners- what were'nt you told?

Re: Beginners- what were'nt you told?

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URL:

I wish that someone had explained to me that pancakes may be energy food but steak and eggs stick to your ribs better.

For years I had a stack of pancakes when I was going fishing-I would be hungry by the time I got to the river and start eating my candybars. Then I stopped at a diner one morning and had steak and eggs-what a difference.

In the old days we had books that were really informative so those that could read were way ahead of those who assumed they were born gifted.