

Subject: : Warm Water & Salt Water Fly-Fishing

Topic: : Fly fishing the Outer banks

Re: Fly fishing the Outer banks

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Date: : 2019/3/1 14:53:18

URL:

Since you're new to the saltwater game, I usually mention that you should know (if you don't already) that saltwater fishing can be very hit or miss as fish move around a lot and can be hard to find, especially if you're limited to shore or wade fishing. Hiring a guide who knows the local waters can really help.

Anyway, with that said, yes you can target seatrout ("specks") as well as blues and flounder with light fly gear, think 7 or 8WT rods. There may also be Spanish mackerel and schoolie stripers around. Smaller redfish may be out in the back country (back bay areas) and you might even see some tarpon, although they aren't targeted much by fly anglers in that area.

Back bays and flats in coastal areas of the US are often pretty thick with vegetation and tidal grasses. Ignore the white sand, very shallow with palm tree pics you see in glossy publications - those pics are usually not in the US. Expect to wade over vegetation and in waters around knee deep. Shorelines are typically sod-bank with cord grass. Have some weedless Clousers and maybe some spoon flies and poppers for redfish. Early morning and at dusk would probably be the best time to walk the beaches with a fly rod. Don't forget polarized glasses, sunscreen, and bug dope. If you can rent a kayak, this will open a lot of areas that you would not otherwise be able to access.

Good luck with your trip