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Subject: : Beginner Forum

Topic: : Beginner Box

Re: Beginner Box

Author: : Jessed

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URL:

My best advice is to start indicator nymphing. Catch some fish and then work from there. Fly fishing (especially for trout) can seem super overwhelming and looks a lot harder than it actually is. Keep it simple first and work from there. I'd use one fly rig and make sure you're getting down deep. I've fished the smokies but only in the summer months. I'd recommend fishing the smaller stream rather than streams like the little river etc. they may have bigger fish but are a lot harder to catch and can be super frustrating. I fished the smaller streams and caught 6-13 inch rainbows and had a blast.

1. Griffiths gnat size 12-24, looks super buggy in the water and always produces.
2. Gss emerger size 14-20, if they're taking caddis pupa gss is your best friend.
3. Zebra midge size 14-24, I think this is the best all around fly in Pennsylvania mainly because it catches fish all year no matter what the circumstances it's never a wrong choice to have one on. Best fished super deep or under a dry fly!
4. Squirmy wormy size 10-16, looks and feels super realistic and always is my go to search pattern.
5. elk hair caddis size 12-20 floats high good dry dropper fly.