

Subject: : Gear Talk

Topic: : First Aid Kits

Re: First Aid Kits

Author: : FarmerDave

Date: : 2017/7/18 7:41:01

URL:

Quote:

Dave_W wrote:

Quote:

FarmerDave wrote:

2. The oil in poison ivy is water soluble. If you noticed you got into the stuff, wash the area right away with COLD water. Jewelweed also will help preventing poison ivy rash. It is quite common especially around the water so you don't have to carry it with you. Wash the area with cold water and then rub that stuff on. Some people rub it on before heading into areas with poison ivy as a preventative.

Thanks. I wasn't aware of that.

I can't remember where I heard/read that about the cold water, but it made sense. I emphasize cold, because warm will open your pores.

You are standing in a cold stream anyway...

But I recommend that you take that with a grain of salt. I could just be (actually likely) that I am one of the lucky ones who isn't sensitive to poison ivy, but I don't want to test that theory by rolling around in it.