

Subject: : Tips and Tricks

Topic: : Staying warm.

Re: Staying warm.

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URL:

I saw a hunting show last week and the host would put on a Thermancare heat wrap around her lower back and kidneys. The explanation was that by keeping your core warm with the wrap, your body will be able to devote more energy to your extremities, therefore keeping your feet and hands warmer.

I have not tried this yet, but I think it is a valid theory. I've had a similar experience by sticking Hot Hands packs in my overalls while hunting.