

Subject: : Tips and Tricks

Topic: : San Juan Worms and Wooly Bugger? (How to)

Re: San Juan Worms and Wooly Bugger? (How to)

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Date: : 2014/5/15 19:17:09

URL:

Pink or green SJW can be great. I agree that they are most effective on fresh stocked Fish. However they can be very effective when streams start to drop after a heavy rain. I will add red, orange or wine colored SJW in those conditions. I tie on size 14 Tiemco 200R curved nymph hooks.

Tying a SJW is really simple. Match your thread color to the ultra chenille and you are off and running. After you tied a bunch, light a candle to slightly burn each end.

Buggers are also easy to tie. I use 200R hooks on them from size 6 to 12. My favorite is a brown tail and hackle with an olive body. All black and olive can be great. For off color water, I love an all white bugger.

Dead drift the SJW all the time. An egg pattern with a SJW trailer is killer for fresh stocked fish. For buggers, dead drifts or a stripping action can both produce.

Hope I helped.