Subject: : Tips and Tricks
Topic: : Sunglasses anyone
Re: Sunglasses anyone
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I was talking to a fly-fishing pro at Gander Mountain (is that an oxy-moron?) and he said he believes there's a big difference between cheap and quality fishing sunglasses, but it's more common sense than anything.

For example, he said glass lenses are always better than plastic, since glass has better properties for polarization and are typically more durable (if the glass is well-made). Second, polarized sunglasses should be less about style and more about function, therefore the sides of them should be thicker and have additional polarized panels to prevent sunlight from seeping in along the sides. They don't look cool, but they prevent most of the light from entering around your eyes. What good is removing glare coming perpendicular to your eyes if it's coming in from the sides? Third, the frame and hardware are almost always better on high-end glasses, which means they can take more of a beating.

Again, most of this is common sense, and explains the higher cost. I've seen some comments about losing or breaking them, which is my big problem. I stopped buying expensive pairs a long time ago for that very reason. I bought a pair of Berkley polarized UV protection fishing sunglasses at Walmart and also bought a nice adjustable strap to keep me from dropping them into the stream (I sweat a lot and that makes glasses slip on my face). Cost me a total of $28, and with the depth of the streams I'll be fishing, these will work just fine (already tested them while scouting). :)

I think Spy is one brand they sell that's highly rated.