

Subject: : Tips and Tricks

Topic: : Polish Nymphing

Re: Polish Nymphing

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I find this type of nymphing to be a very effective way to catch fish, no matter the name you attach to it. One thing to keep in mind when choosing/designing your leader is that anything over 18 feet is illegal on c&r ffo stream sections. There are some applications of this type of nymphing where the exact length of the leader/Tippet material from the end of the fly line doesn't matter too much since you rarely, if ever, really use the actual fly line. Making sure you stay below 18' though will keep you from having a bad day with a WCO.