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Date: : [2013/12/20 21:04:08](#)

URL:

I am in the beginning phases of starting to plan some trips up to Valley Creek, and was curious as to how I should arm myself in terms of technique and fly selection. As implied, I am completely new to spooky natural trout, but would like a sliver of confidence going in.

What should I do? What you have you done differently?

Thanks!