

Subject: : Paflyfish General Forum

Topic: : Winter fishing

Re: Winter fishing

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URL:

If you happen to really get into winter fishing, I would recommend a book about it called Fishing the Four Seasons by Dave Houghes. He typically is a western fisherman, but the same techniques and patterns can be applied here on eastern streams. However in my experience, I typically nymph and look for deeper water where the fish seem to hold up. It doesn't hurt to throw something really big or really small either, and tandem nymph rigs are a good technique too. I usually have success with streamers too fishing them up stream and bottom bouncing them in long pools, and undercuts by the banks. Only streamer that I really use is buggers and sculpin patterns, although if your targeting brown trout, I hear the black ghost is a top producer for them in the winter. Midge hatches are fairly common on days that are 45 degrees and up, so it wouldn't hurt to carry a few black, olive, gray, and cream midge dries on you. A lot of midge larva are red, and many of my stomach samplings from trout in the winter show that they really do feed on a lot of larvae. A great midge larva pattern is just red thread tied around a size 14-24 hook. Good luck