

Subject: : Paflyfish General Forum

Topic: : Steelhead 2013-2014 Thread

Re: Steelhead 2013-2014 Thread

Author: : PatrickC

Date: : 2013/10/28 17:30:43

URL:

Quote:

pcray1231 wrote:

PS and OT. PatrickC, I owe you a huge thank you. A few years back you helped me with a chronic ankle problem. I had seen a doctor who prescribed me foot inserts (arch support), but it made things worse. After some questioning, you told me to try lateral heel wedges. I won't say it's totally gone. But it's a LOT better, like night and day.

Simple mechanics. Some guys are worried about making \$350 on a pair of orthotics (whether they help or not)...some guys just want to help. One guy gets rich. One guy guides fishing trips on the side for extra money

