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Hello, I am pretty new to fly fishing and not afraid to admit it. I fish in Western PA and wanted to ask a few questions for the board. I tried doing some research on the board here but didn't really find what I was looking for... so here are my questions..

New to fall fishing- what patterns & sizes are most effective for October- November- December fishing?

I was reading that Midges are great for fall fishing.. what patterns and sizes do you use? Also how do you know what patterns and sizes to select when your out in the field?