

Subject: : Tips and Tricks

Topic: : Polish Nymphing Re: Polish Nymphing Author: : PennKev

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URL:

geebee wrote:

both are about getting your nymph or nymphs HARD on the bottom in fast deep flows - runs, if you like.

That's true of what most Americans do when high-stick or tight line nymphing, but the Czech/Polish methods place emphasis on "just enough" weight and are geared towards fairly shallow water. A thigh deep run would be a pretty deep run for Czech/Polish style nymphing. The basic concepts are the same but the refinements and application make a huge difference. I've seen guys on this board disregard the Czech method because they see only the high-stick/tight line similarities of it without realizing that the differences in the techniques open up a lot more water that can be effectively fished. The biggest hurdle for most people seems to be the need to constantly adjust weight/flies when Czech nymphing. Most anglers are just too lazy and want a one size fits all rig/technique. Something that doesn't exist.