

Subject: : Tips and Tricks

Topic: : Polish Nymphing

Re: Polish Nymphing

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polish nymphs tend to have slimmer bodies than czech nymphs - with the poles using woven threads/braids, but both have a lot of lead or tungsten.

both are about getting your nymph or nymphs HARD on the bottom in fast deep flows - runs, if you like.

its very similar to fishing a worm with a weight - you are feeling for the bump, bump, bump, lift....strike !