

Subject: : Tips and Tricks

Topic: : Polish Nymphing

Polish Nymphing

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I fished a section of the Little J Sunday using the Polish nymphing technique. I caught fish in sections I would normally pass using regular nymphing techniques. I just began using this method. I caught all but one on the point fly, most almost immediately after the fly hit the water. Only caught one on the dropper fly. I am convinced this technique works, and will continue to experiment. Anyone else have success with this method?