

Subject: : Paflyfish General Forum

Topic: : Just call me Lefty....

Re: Just call me Lefty....

Author: : FiveWeight

Date: : 2013/8/24 6:37:33

URL:

Quote:

KeithS wrote:

Fiveweight,

This is very encouraging. I'm getting mine done on 9/4, with hopes of being able to fish with less pain by spring. They say 6 weeks, and it sounds as if you're right on schedule.

Keith, Read all of my posts on this. Things are going very well now.... It was real rough post op. If you would like more insight on what I went through to this point let me know. If they told you six weeks that is utterly fantastic. I was told 6/7/8 months for full 100% usage of arm/shoulder. If you really follow up with the physical therapy and workout at home also it pays off. You can't push it but you got to stay moving all the time or it just tightens up and is unbearable to break loose again. Mine was 3/4 torn or better. You should have no problems fishing by spring. Mine was done on 7-10 and I could cast a few weeks ago but was worried about taking a fall in the boulder strewn waters that I fish. I'm really not even worried about that just too much anymore, I feel that good. Just heed what has been said about the pain meds. Do what you gotta do to stop the pain but, just think about when you can start with Aleve or something else rather than the hard stuff. Good luck. Keep us posted on how things go for you.