

Subject: : Paflyfish General Forum

Topic: : Just call me Lefty....

Re: Just call me Lefty....

Author: : FiveWeight

Date: : 2013/8/23 16:58:03

URL:

Quote:

The_Sasquatch wrote:

85% is a pretty good range considering how recently your surgery was. Glad to hear you'll be back on the water this week.

Thanks Squach, Well I gotta admit. Once I started physical therapy and they gave me routines to do here at home I've been pushing it to the limit as far as the work out goes. I asked how far I can push it and all they said was, let pain be the deciding factor. I really haven't been able to fish for the amount of time I've wanted to for a year or so because of the shoulder trouble. I'm hoping I have more endurance as I really start to heal up. As stated, The Oxycontin was the worst of the whole deal so far. It worked on the pain but I had to really fight it to break free of it. from someone who has abused their body damned near all their life between sports and work. Not have'n pain in my body sure is a nice thing but the up ain't worth the down. Thanks again Squach. I am so look'n forward to get'n back on the water.