

Subject: : Paflyfish General Forum

Topic: : Just call me Lefty....

Re: Just call me Lefty....

Author: : FiveWeight

Date: : 2013/7/30 17:13:56

URL:

Well the pain of the surgery is down to a dull roar. Into the 4th physical therapy session and that pain is almost on par with surgery pain for a day or so afterwards. Things get better everyday but, it's going to be a pretty good stretch till I can do the things I need and want to do. My free weight bench looks like a clothes rack at this point. Hope somebody was out on the water today. What a day it was!