

Subject: : Beginner Forum

Topic: : Dry Fly Fishing

Re: Dry Fly Fishing

Author: : BelAirSteve

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URL:

When I first started, I practiced a lot on warm water streams, fishing for sunfish. It's not the same as fishing for trout obviously, but it will help you turn the striking motion into muscle memory. And sunfish are not as finicky about drag as trout - they actually like it!