

Subject: : Paflyfish General Forum

Topic: : Just call me Lefty....

Re: Just call me Lefty....

Author: : rrt

Date: : 2013/6/25 20:54:41

URL:

I thought I was going to have to go the surgical route, but a couple of cortisone shots have worked pretty well for me, though I could not now throw a baseball correctly. I can shoot a basketball all right, and my casting (which certainly is not of Dave Rothrock caliber) is about as good as it ever was, so I'm not biting any surgical bullets till I have to. Same with my right knee: Synvisc every 6 months has been working, and the doc says I can get these shots indefinitely, so why go through a knee replacement if I don't have to.

Anyhow, maybe you could give cortisone a try in your shoulder.

Good luck.