

Subject: : Tips and Tricks

Topic: : SMOKING TROUT

Re: SMOKING TROUT

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Date: : 2013/5/26 17:58:11

URL:

I really like smoked trout but have had mixed results preparing them in my smoker. It really helps, in my experience, if you have fillets rather than whole fish. Many of the trout I harvest are pretty small for filleting and you get very little meat this way. However, when I have smoked 'em whole they come out dry and quite hard and separating the meat from the bones is difficult.

Tastes great but I've found them to be more trouble than they're worth. Hopefully, someone with more experience and a good recipe for doing this will chime in.