

Subject: : Tips and Tricks

Topic: : Sunglasses anyone

Re: Sunglasses anyone

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URL:

Good points.

re: UV protection- I wear mild prescription glasses for fine focus and distance when fly fishing- the difference between 20/40 and 20/20 is 20 feet, after all. Helpful when tracking flies. And nearly all modern eyeglasses with plastic lenses offer 100% UVA and UVB protection. Including clear ones.

Good point about glasses offering hook protection, too. Although maybe I should put that differently.