

Subject: : Tips and Tricks

Topic: : Sunglasses anyone

Re: Sunglasses anyone

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The main reason for wearing sun glasses is to protect your eyes from the retracted UV light off the water. If you have ever been out a day on the lake or at the beach without sun glasses, your eyes feel painful, tired and even sandy (you get the same if you were watching someone weld without eye protection on, of course watching a weld is much quicker).

In broken cloudy days it tends to burn your eyes even more so - your pupils are open wider and the UV rays reflect off the water and also the clouds giving you more exposure.

And it maybe your day to get a hook in your eye. Although the percentile of sticking yourself in the eye is extremely small it can happen.