

Subject: : Tips and Tricks

Topic: : That Side Arm Cast Re: That Side Arm Cast

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I'm not experienced enough to comment but I did find an Orvis article on the subject:

"Sidearm fly casting has limited applications because it is inherently inaccurate and difficult to keep the backcast out of the fauna. It will, however, allow you to fly fish in windy situations that would collapse your overhead cast, and it is great for casting a fly under branches overhanging the river."

Here's the full write up:

Practice Sidearm Casting to Improve Your Casting and Your Fly Fishing.