

Subject: : Tips and Tricks

Topic: : That Side Arm Cast

Re: That Side Arm Cast

Author: : afishinado

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URL:

Quote:

FrequentTyer wrote:

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troutbert wrote:

For those of you who have ever taken formal casting classes, did they ever include a segment on small stream casting, i.e. casting where there are obstacles, such as tree limbs overhead, or behind you?

I took a class from Joe Humphreys and that was the focus of most of the class. First thing he had us do was kneel down and start casting overhead and then **rotate the cast to the sides until we were casting next to the ground on either side**. Quite a challenge cross body. **He called it "casting around the arc."** My formal casting stroke is laughable, but I use the tricks I learned in that class every time I fish and have never felt handicapped by my inability to cast a full fly line in a perfect vertical plane. I also have never felt that I couldn't make a cast because I'm not supposed to do X.

Mike.

Joe H is right (of course). You can and should be able to cast with your rod at any angle in a 180\* arc. Casting principles are the same at any angle - move the tip in a straight line and accelerate to a stop. Many great casters, Lefty Kreh and Ed Jaworski come to mind, use and teach a side-arm casting stroke.