

Subject: : Tips and Tricks

Topic: : That Side Arm Cast

Re: That Side Arm Cast

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As I have chruned on this today, the only other thing I would say is that maybe we overhead cast too much. What I mean by that is if you are swinging or nymphing a run and you are going to cover it several times, flipping or rolling is often a more efficient way to make the next drift. It is kind of annoying when you are on a stream where there is a good number of folks and you are constantly dodging back casts trying to walk behind folks. Now, if you are stripping streamers of accurately placing a dry, then you pretty much need that overhead/side arm cast.

I roll cast more than overhead (or side arm or whatever) on small wild brookie streames. It pretty much eliminates catching all of that tight canopy cover and you can be as deadly accurate with roll casting as overhead casting. And, as you improve, you might be surprised just how far you can roll out a cast. Food for thought...