

Subject: : Gear Talk

Topic: : Something better than a vest?

Re: Something better than a vest?

Author: : Swattie87

Date: : 2013/4/22 8:16:41

URL:

Sling packs definitely keep the pull of the weight off your shoulders, and I use one for most of my fishing. If you like to carry more gear, or for a day long hike/bike/fish type of trip IMO you still can't beat a small hiking backback with straps in front to distribute some weight across your hips.

I agree that for a given amount of weight/gear, vests are the least comfortable option. I've tried chest packs and found that they too pulled on your neck/shoulder area, although less so than a vest...I'd still end up just converting it to a sling pack by the end of the day though.