

Subject: : Beginner Forum

Topic: : Newbie Brookie Expedition/Jam?

Re: Newbie Brookie Expedition/Jam?

Author: : pcray1231

Date: : 2013/4/18 10:08:29

URL:

Quote:

You know how to pace yourself.

The "secret" is giddy enthusiasm about catching easy 6" trouts and being in pretty places. Your never tired when the adrenaline is flowing. You can then keep going and going like the energizer bunny. And for me, it never gets old, that adrenaline doesn't fade until I'm back in the car.

I'm fine until, after driving home, I get out of the car. Stiffness becomes apparant. And my wife always jokes "I thought you fished to relax and recover, but you come back here far worse than when you left!"

But it's totally worth it.