Subject: : Fly Fishing Events and Meet-ups
Topic: : Newbie Brookie Expedition/Jam?
Re: Newbie Brookie Expedition/Jam?
Author: : Aducker
Date: : 2013/4/17 18:42:03
URL:

hehe I hope I didn't scare you off completly. Next time we fish I can show you some pictures of what to expect on the extreme side. lol
If you want to get in shape walk up 20 flights of stairs, then walk down 20 flights of stairs. repeat 5 times. Do this routine every day.... Then you can hack it:)

All kidding aside, it's not that bad, just that I have bad legs and have to constantley work to keep in shape at my age.

Pat don't kid yourself, anyone that can climb like that is in pretty good shape. You know how to pace yourself.

Hey I made it halfway w/ Pat before I surendered to fishing but I still needed to climb the rest of the way out. And the pain in my legs only lasted for 1 day so I guess for my age I can still climb mountains:) I'm ready to do it again and again.

Quote:

> Stagger_Lee wrote:
> Yea Pcray .. I'm in for that as well. I really need to get into this b/ as much as I love to fish (catch'em) I have really learned to appreciate the sounds of the creek. Looking forward to getting into some scenic spots as I haven't really experienced that yet.
>
> Better start hitting the gym b/ ADucker told me abt one of the places I think you took him last fall