

Subject: : Paflyfish General Forum

Topic: : The zen of fly fishing

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Got a magazine in the mail today (free) called centered "life in balance". Was picking it up to throw it away when I noticed one of the titles on the front page. The zen of fly fishing by: Kathleen Moore, that got my attention. The article is about her taking a lesson in ff and casting. Just wanted to share with you all some of the quotes of a beginner.

" My senses were quietly overtaken by all that was around me; the sound of the water as it raced over and around the rocks; the feel of it, cool and energized as it swirled past my legs; the feel of the pressure of the water on my boots; the fresh, pine scented air that brushed my face; the flutter of the birds as they vied for a good spot in the trees; and the light that cast shadows and illuminated things previously hidden in the river".

She ends the article with this,

" The treasure of fly fishing is the absolute beauty of it - the combination of art and science that yields a million reasons to venture out and spend a day in a river".

I feel she summed things up very nicely.