

Subject: : Beginner Forum

Topic: : How to catch and release a fish properly

Re: How to catch and release a fish properly

Author: : mike\_richardson

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URL:

One thing i did not see was get a good net. I have a mesh net that will soon be switched to a more fish friendly net. I think the mesh net can take a way a lot of their slime, plus it can be a hassle if your hooks get snagged.

I have caught a ton of trout in the winter and kicked water onto a rock or ice and took their picture, caught the same fish a few days later and never had any issues. I am not a huge believer this process. i am sure the fish would rather have me take its picture and let him go than keep him to put him on the wall.

That being said i did kill one trout last year by playing it too long and trying to get a picture. I felt terrible after this. You can tell how played out a fish is when you bring it in. If it is very tired or stressed I wont even attempt a picture.

It is a bummer to let the a fish go in a DHALO area that is sure to die, but nothing on the fish will go to waste. There are tons of creatures both in the stream and out that will benifit from this trouts deatch.

Barbed hooks are a must IMO. I personally believe you get far better pentration with a barbless hook. You may loose a small amount of fish but the benifits far outweigh the negatives on this topic.