

Subject: : Beginner Forum

Topic: : How to catch and release a fish properly

Re: How to catch and release a fish properly

Author: : MKern

Date: : 2013/4/2 15:03:32

URL:

Bottom line is don't fight a trout too long. It should instantly swim away; at least with a pinch on the tail.

I will say the other stuff has been covered: wet hands, minimal time out of water, no snow or sharp ricks (where a fish can bang itself up), debarbed hooks.

However, I do think debarbing your hooks save the fisherman more time. I know once I net a fish the trailing flies always get stuck in my net. Without buying a rubber net, debarbing speeds up the hook removal from the net and other articles of clothing.