

Subject: : Beginner Forum

Topic: : Flies

Re: Flies

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URL:

If we're talking trout, my basic essentials would probably be as follows.

The Adams for dark mayflies, the Light Cahill for light mayflies.

A few shades of Elk Hair Caddis.

The green weenie and pheasant tail for nymphs.

The woolly bugger for streamers.

Flying ants and foam beetles for terrestrials.

I'd also consider putting the Griffith Gnat on the list.

As for sizes 14-18 for the dries. 10-16 for the nymphs. 10-12 for Woolly Buggers. 14-18 for the terrestrials. 18-24 for the gnats.

I would guess that over 50% of the fish I've caught on a fly rod have been on four flies: Adams, Light Cahills, Elk Hair Caddis, and Green Weenies.