

Subject: : Beginner Forum

Topic: : How to catch and release a fish properly

Re: How to catch and release a fish properly

Author: : Fishidiot

Date: : 2013/3/25 16:41:26

URL:

Willdeb is young and learning about fishing.

Will,

The best way to release fish properly is to minimize the amount of time that the fish is out of the water, handle the fish gently, and try to ensure that fish are not hooked deeply. Fishing with flies is a good way to get fewer deep hookings. If you have fished with bait, you may have noticed that fish sometimes swallow the bait deeply and often bleed when you try to unhook them. Fish hooked deeply like this will probably not survive. Fish that are bleeding will almost certainly die.....so you don't want deep hooked fish. If possible, when you bring the fish in, just grab the hook and shake the fish loose. If you want to take a picture, a landing net will help too. I have found that, if you have a trout that is thrashing around in the water, if you gently turn them over on to their back, they will relax making it easier to unhook them.