

Subject: : Gear Talk

Topic: : Is Your Butt To Heavy?

Re: Is Your Butt To Heavy?

Author: : sandfly

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URL:

balance/smalance----saving an oz. or 2 from tip or butt is minimal...learning and practicing the cast is more important. most likely your arm gave out because you were not practicing and it made the muscles hurt. you have to train the muscles and the brain to fly fish. this is not a natural thing our bodies do..