

Subject: : Beginner Forum

Topic: : Nymph size

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I was organizing my nymph box yesterday, and I realized that almost all of my nymphs (excluding midges) are either sizes 14, 16, or 18. Very few size 12's and nothing size 10 or larger except for a couple of stonefly/helgrammite patterns. Is this pretty typical for nymph boxes, or should I stock up on some larger flies? I'm mostly going for trout, so I figured the 14-18 size range would imitate the size of most actual bugs.

When would I want to use a size 10 or 12 nymph over a size 14 or 16? Would they just be useful when the water's high, or are there actually nymphs (other than stoneflies) that are naturally that big?