

Subject: : Tips and Tricks

Topic: : Casting Videos on Youtube

Re: Casting Videos on Youtube

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Thanks Pad, I enjoyed all the videos. In one clip, Lefty said that a surgeon he spoke to believes that over 35% of fly fishermen 50 or older, that fish a lot, have torn rotator cuffs. I'm in that 35%. It aint no joke! I've been trying to change my fly-casting more to Lefty's style in order to keep fishing. On real bad days (pain), I cast left handed. If when you go out and fish all day and say you "cast your arm off" – you're really not kidding. Just a word to the wise.