

Subject: : Tips and Tricks

Topic: : Cold Feet

Re: Cold Feet

Author: : PennypackFlyer

Date: : 2012/12/19 19:35:51

URL:

Quote:

JackM wrote:

Again and again-- \$5 for polyester thin (black) socks and another 5-10 for a 100% wool sock over top. Poly does not absorb water, so sweat will move toward cooler air (wicking) and the wool will absorb the water without losing its insulation capacity. It will also wick somewhat because of the air space in the weave. Done and done, do not fasten your boots too tightly.

I can only stay in the cold water for about 4 hours at most with that sock set up.