

Subject: : Tips and Tricks

Topic: : Cold Feet Re: Cold Feet Author: : beeber2

Date: : 2012/11/20 4:37:33

URL:

The three keys for me are, boots that are not too tight, synthetic liner socks, and fleece socks over the liner socks.

I was out for steel two weeks ago and one day I didn't do 2 layers. After an hour I'd start loosing feeling in my feet and had to walk around to get them going again.