

Subject: : Tips and Tricks

Topic: : Cold Feet

Re: Cold Feet

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As those of you who have done cold weather camping know, what you lay on is critical because your weight will try & compresses it down and reduce it's loft/insulating capacity.

Likewise with waders, get a pair of foam insoles to help keep the cold from coming UP from the compressed boot - the sides & top portion can be managed by good socks. I use insoles year-round as they make a more comfortable walk anyway, and make allowance for them when I buy booted waders so there's plenty of fit.