

Subject: : Tips and Tricks

Topic: : Cold Feet

Re: Cold Feet

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As some of the others suggested, it is about circulation. When it comes to circulation, less is often more. Don't even bother comparing bootfoots to stocking foots because there is much more room in bootfoots and this will always aid in keeping you warmer. Make sure you buy boots with a little room in them to allow for circulation. For socks and thinner wicking pair is better. I actually wear a liner sock made by smartwool. They are knee high and black and very thin. The key to them is they keep the moisture off your feet and because there is more room in your boot it will keep your feet dry. Before I switched to a thinner sock I swore I had a leak in my waders. Turns out it was just condensation from cramming the thickest socks I could in my waders. My hands will get too cold to fish far before my feet ever do. The Patagonia ones aren't bad either.

<http://www.ems.com/product/index.jsp?productId=3658911>

<http://www.patagonia.com/us/product/m...l-ski-socks?p=50015-0-961>