

Subject: : Tips and Tricks

Topic: : Cold Feet

Re: Cold Feet

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Date: : 2012/11/19 21:44:07

URL:

Make sure there is room in your booties for an insulating layer of air. Trapping warm air is the same principal that makes fleece warm, and why bootfoot waders are considered warmer for the feet. I used to wear really thick marino wool socks and my toes were always cold, I bought a thinner version of the same socks and they kept my feet a lot warmer because they left enough room for the insulating layer of warm air. Consider trying thinner wicking socks like smartwool and don't tie your boots too tight. I've also heard that Alpaca wool socks are really warm, but I've not tried them yet. <http://www.alpacasofmontana.com/>