

Subject: : Tips and Tricks

Topic: : Cold Feet

Re: Cold Feet

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I think I would stay away from all that neoprene as it doesn't allow you feet to breath. Once they sweat ie when walking in they stay wet and get cold FAST. I also have issues keeping my feet warm and what I am now doing that worked very well at the SR this past weekend is the liner socks to wick sweat away, new fluffy wool sock (my old socks just don't seam as fluffy), and I am taking extra time to make sure my waders aren't bunching around my toes when I put my wading shoes on and if possible when needing to retie get out of the water. Moving the toes is also key. Just what's working for me.