Subject: : Warm Water & Salt Water Fly-Fishing
Topic: : Delaware coast
Re: Delaware coast
Author: : Fishidiot
Date: : 2012/8/14 8:19:36
URL:

Quote:

> pcray1231 wrote:
> I suppose cleated Simms shoes wouldn't cut it for the rock, you need true spikes? And, for that matter, is salt a good idea on wading boots?

Your Simms will be fine. I've walked jetties with regular wading boots with small studs and did okay. I've found that cleats (of whatever size and shape) actually work better on wet rocks than dry where they sometimes skid. Where you want to be careful is getting down on the lower rocks below the tide line. These tend to be covered with weeds and, if you can't see solid rock through those weeds, you should probably avoid using them as a step. However, for the upper rocks that are just wet and slimy, you should be fine. I also use my same wading boots. The conventional wisdom is to use boot foot waders in the sand however I just use my regular wading boots. They'll get some sand in 'em but it has never bothered me much. Rinse 'em off with some fresh water at the end of the day. When the trip is done, I'd dunk 'em in a bucket of warm soapy water (this goes for all my gear) and give 'em a good scrubbing and rinse out all the sand.
I'm not sure what the regs are on fluke in DE. They're some good eating but sometimes keeper sizes fish are tough to come by. Ditto on the Gulp.
With respect to fish movements, most of the time, when the tide is pulling at an inlet like IRI, the bait and game fish move with the tides. On an outgoing tide, they tend to be further out near the end of the inlet or beyond the jetties in the ocean. On an incoming tide, they tend to be further back in the inlet. I'd say between about where the bridge pilings and the Coast Guard station are. This isn't a hard and fast rule but often is the case.