

Subject: : Tips and Tricks

Topic: : First Time for Steelhead this Fall

Re: First Time for Steelhead this Fall

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Date: : 2012/7/27 21:37:56

URL:

If you tie, get some glo-bug yarn and tie some eggs and sucker spawn. The materials are cheap and they are easy to tie once you do a couple. I have seen packs of assorted color glo-bug yarn which would be a good way to get started. I also use size 10 scud hooks for these as I loose more Steelhead to the hook not getting deep enough than breaking off.

My nymph rig is usually a 9 foot leader with a 3x fluorocarbon tippet and a sucker spawn as my top fly and an 18" piece of 3x fluorocarbon tied off of the bend and a stonefly at the end. Preferably a weighted stonefly nymph. I add weight above the Suckerspawn to get the flies to bounce or roll on the bottom. You want a dead drift.

Keep adjusting your weight so your flies are coming back to you slower than the surface current and change flies if you are not getting any takes. One day they like pink and the next peach. If you were with other flyfishers you could each rig with different colors and go from there. Any of your trout flies will also work including Hare's ears, Prince Nymphs, etc. Black stone flies in size 14 to 8 just seem to be a mainstay.

It is really just trout fishing but where knee deep pockets are nice trout water, Steelhead holes start at waist deep.

I will second the rods suggested and add that a reel with a good drag that is set light is a big asset. Just let them run and "get on the reel" Don't hold the line or they will break you off. Maybe someone you know can lend you a rod and reel for your first trip. You won't regret going.

Good luck,

Shock