

Subject: : Tips and Tricks

Topic: : Trout in Lakes?

Re: Trout in Lakes?

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I love fishing stillwater for trout. If there are no rising fish and i am prospecting for trout, i will run two flies. For picking low hanging fruit, I will run a bugger as the lead fly and drop either a flashback hares ear or another bugger off the back. This usually seems to get the active fish to hit. I retrieve them at various speeds and depths until i find where the fish are at. Colder water = slower speeds and warmer water = faster speeds. The countdown method seems to work really well for figuring out which depths the trout are hanging at. Also, if there is good cover (a brush pile or log), there is usually a fish hanging near it. If fish are rising, which they usually are at Lake Gosling where i fish, then i am throwing a fly that hangs in the film surface. A cdc emerger, RS2, parachute BWO or midge pupa usually cover all bases for me. Towards late May and June, i start using damsel fly nymphs. The nice thing about fly fishing for trout in lakes is that when all the local streams are high and muddy during the spring, stillwaters will always be fishable. Sink tips and poly leaders can help as well.