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Subject: : Gear Talk

Topic: : Prescription sunglasses or contacts?

Re: Prescription sunglasses or contacts?

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URL:

I started wearing glasses about 6 years ago, and I hate it, but what you gonna do. My first preference would be laser surgery, but I'm on the fence about it, because of the things that Farmer Dave mentioned. I need bifocals. My second preference would be contacts, but I have astigmatism, and I tried contacts but they didn't work out. So I'm stuck with bifocals. I use polarized fit-overs, because I don't want to spend the money for prescription polarized glasses. They work pretty well, but my biggest problem is that there is a gap between the glasses and my face, so there is often sun glare/reflection on the back of the glasses. There is a pretty noticeable difference when I cup my hands over the side of my glasses, and I have to do this often, which is bothersome. I know I miss seeing a lot of fish because of this. I know because my wife sees them all the time when I don't. She wears contacts with form fitting polarized glasses. (So she helps me see the fish, and I tie on her flies because she doesn't have near-vision because of the contacts.) I guess the point of all this as far as your situation is that if you are going to get polarized prescription glasses, you may want to get the "stylish" ones that wrap around and fit close to your face, to avoid glare.