

Subject: : Gear Talk

Topic: : lets talk about Sunglasses

Re: lets talk about Sunglasses

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I own a pair of "Costa del Mar" polarized glasses. They have a glass lens laminated by two pieces of scratch and impact resistant plastic. They have what's known as a 580 lens in them. it blocks out light in the 580 wavelength.(yellow light). I wear contacts and when i wear these it makes my vision super crisp like watching HD tv compared to regular cable. They are a bit pricey though around 200 bucks. One thing i can recommend is getting yourself one of those librarian lanyards for your glasses. i got one for 2 bucks that floats at a drug store, and since i got it i havent lost a pair of glasses. They either hang around my neck when they arent on or around my rear view mirror.