

Subject: : Gear Talk

Topic: : Prescription sunglasses or contacts?

Re: Prescription sunglasses or contacts?

Author: : TimMurphy

Date: : 2007/1/10 21:05:56

URL:

Dear albatross,

I can't see the sky without glasses. Years ago when soft contacts first came out I got them and thought they were great. That was back in the days when you had to heat sterilize them daily and soak them in some foul smelling de-gunking solution once a week. I wore the same contact lens for years and never had a problem but alas my prescription changed.

By that time extended wear contact lens were the norm and after trying just about every possible brand and style and finding that my eyes just couldn't handle them I switched back to regular old eyeglasses. I now wear lightly tinted glasses for everyday use and a pair of prescription polarized glasses for fishing and like the combination. I'd prefer not to need any correction, but after going through the hassle or trying to find contacts I could wear and failing I figure it's the next best thing.

As far as where to get polarized glasses the choice is pretty much yours. Keep in mind that depending on your actual prescription you may be limited as to what styles are available to you. For example my coke bottle prescription doesn't lend itself to any stylish wrap style glasses frames. I've successfully purchased prescription glasses and sunglasses from both Pearle and my optician. The cost depends on so many variables that it is hard to give you an estimate. The last time I replaced both my regular glasses and sunglasses at the same time I spent over \$ 500.00, but I went with lightweight frames, scratch resistant plastic lens, graduated tint on the regular glasses, etc, etc.

Many of the major sunglass manufacturers will make prescription sunglasses that match their current styles. One place that I can recommend based on several friends who have purchased prescription sunglasses is Smith/Action Optics.

[http://www.smithoptics.com/Specialty-Fishing\\_Category\\_77.html](http://www.smithoptics.com/Specialty-Fishing_Category_77.html)

In addition I have heard good reports about this maker as well.

<http://www.fishermaneyewear.com/retail/>

Good luck finding something that's suitable for you.

Regards,  
Tim Murphy

