

Subject: : Beginner Forum

Topic: : Would it be a waste of time?

Re: Would it be a waste of time?

Author: : troutbert

Date: : 2011/3/7 19:46:31

URL:

Quote:

boj wrote:

I have been interested in learning to Fly fish for several years and though this year would be the time.

However, 2 years ago I developed a problem with my right are (a possible slight stroke and I'm right handed) in that I can't lift it about mid-chest level. My left arm is slightly better. I can raise it to the top of my head.

It's hard for me to picture how much range of motion you have with your right arm.

But in typical fly casting, your arm is not way up in the air. Watch some people cast, or casting videos and you'll see what I mean.

Also, casting side arm style with your right arm might work well for you, because you keep your arm low.

If that doesn't work, by all means learn to cast left handed. You could be casting short distances pretty quickly, then you'd gradually build it up.